

ATTENTION SENIORS

A NUMBER OF COLLEGES WILL BE

COMING TO MEET WITH YOU IN ORDER TO

SHARE ABOUT THEIR UNIVERSITY. IF YOU ARE

INTERESTED, PLEASE SIGN UP WITH MR.

KNAGGS IN THE GUIDANCE OFFICE. HERE IS A

LIST OF THE UPCOMING SCHOOLS:

TODAY-EUREKA COLLEGE

OCTOBER 13TH- KNOX COLLEGE

OCTOBER 22ND -NORTHERN ILLINOIS  
UNIVERSITY

OCTOBER 28TH

HEALTH CARE PROFESSION

ICC IS HOLDING THEIR ANNUAL COLLEGE NIGHT

ON WEDNESDAY, OCTOBER 14 5:30 - 7:30 AT  
THE EAST PEORIA CAMPUS. THERE WILL BE  
OVER 80 COLLEGES AND UNIVERSITIES THERE.  
ALL STUDENTS ARE WELCOME! PLEASE PLAN  
TO ATTEND THIS PROGRAM AND LEARN ABOUT  
ALL OF THE OPPORTUNITIES AVAILABLE TO YOU  
AFTER GRADUATION!

ATTENTION SCHOLASTIC BOWLERS.

THERE WILL BE A SHORT, INFORMATIONAL  
MEETING ON WEDNESDAY, OCTOBER 14 IN  
ROOM 305. THE MEETING WILL START AT 3:00  
PM AND SHOULD CONCLUDE BY 3:15 PM. IF  
YOU CANNOT ATTEND PLEASE SEE MR.  
HEBRON FOR DETAILS.

CONGRATULATIONS TO AMANDA GREENAN  
AND KAYLEE O'DONNELL WHO YESTERDAY  
ADVANCED TO THE GIRLS GOLF SECTIONAL.

IN FACT, AMANDA WAS THE MEDALIST. SHE  
WON THE WHOLE REGIONAL TOURNAMENT.

THEY WILL COMPETE ON MONDAY AT ISU IN  
THE SECTIONALS.

WELL DONE LADIES!!!!

TODAY'S LOCUTION IS:

RESPIRATION WHICH MEANS A SINGLE  
COMPLETE ACT OF BREATHING IN AND OUT.

AN EXAMPLE OF A SENTENCE WOULD BE: IT  
DOES THIS BY MONITORING YOUR BREATHING  
CONSTANTLY, ALERTING YOU WHEN IT SENSES

A CHANGE TO YOUR TYPICAL RESPIRATION PATTERNS. CAN YOU COME UP WITH YOUR OWN SENTENCE? IF YOU CAN, THEN YOU NEED TO GO DOWN TO THE LIBRARY AND TURN IN YOUR SENTENCE TO WIN A PRIZE. AND NOW FOR YOUR BIG BLUE BOARD

4:00 GIRLS TENNIS (V) @ LINCOLN

5:00 VOLLEYBALL (F/S/V) @ WASHINGTON

WE WOULD TO WISH A VERY HAPPY BIRTHDAY

TO:

MADISON BURASH

PATRICK DONLEY

PAISLEY ROMAN

THAT'S ALL WE HAVE FOR YOU TODAY

LIMESTONE! HAVE A FANTASTIC THURSDAY!

